

Follow Ups: None

01



Home Environmental Assessment

Identify and reduce daily toxic environmental exposures in the home (potential root causes)

02



Fitness Center / Studio

Choose your free trial with participating fitness center/studios: *Anytime Fitness, Axis 24/7 Fitness + Training, O2 Fitness, Port City Power Yoga, & Southeastern YMCA*

- Labs 2x
- Labs 4x
- Other by request

Upper

PLAN OF CARE

Free Trial

Optional Add Ons

During your free trial initial visit, your provider may recommend diagnostics, such as labs, etc. Add-on labs are optional and will be offered at a same-day promotional rate (only eligible during this visit). Your fully refundable \$60 trial fee **will be applied as a credit toward any purchased add-on care** during your trial. Add-on care includes labs, specialists, products, and more.

03



First Visit

Be sure to take Upper's Virtual Diagnostic-Like Test to be scheduled for your one-time free trial 20 minute initial visit. Receive a custom Plan option during your visit. Optional labs during visit.

Wait for Results

04



Pharmacist Consults

Complimentary 15 minute PharmD consultation w/ recommended products, if appropriate, based on all intakes, labs, & other patient data.

\$60.00 **Deposit Required**

Supervised By: _____

SUBMIT DEPOSIT →